



GOVERNMENT OF ANDHRA PRADESH  
ABSTRACT

Department for Women, Children, Disabled & Senior Citizens – Supplementary Nutrition Programme (SNP) under Integrated Child Development Service (ICDS) Scheme - Food Models for ICDS beneficiaries – Revised and Comprehensive Orders – Issued.

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DEPARTMENT FOR WOMEN, CHILDREN, DISABLED & SENIOR CITIZENS

G.O.Ms.No.14,

Dt.28<sup>th</sup> February, 2014.

Read the following:

- 1) G.O.Ms.No.33, Dept. for WCD&SCs, Dt.01.12.2012.
- 2) Govt.Memo.No.3462/ICDS-A1/2012, Dept. for WCD&SCs, Dt:20.12.2012 & 04.05.2013.
- 3) G.O.Ms.No.38, Dept. for WCD&SCs, Dt.21.12.2012.
- 4) G.O.Ms.No.09, Dept. for WCD&SCs, Dt.30.04.2013.
- 5) Govt.Memo.No.872/ICDS-A1/2012, Dept. for WCD&SCs, Dt:10.06.2013.
- 6) Circular Memo.No.1342/J3/2013 of Commissioner, WD&CW, A.P., Hyderabad, Dt:15.06.2013.
- 7) Govt.Memo.No.330/ICDS-A1/2013, Dept. for WCD&SCs, Dt:10.10.2013.
- 8) G.O.Ms.No.29, Dept. for WCD&SCs Dt.05.11.2013
- 9) G.O.Ms.No.31, Dept. for WCD&SCs Dt.20.12.2013.
- 10) From Commissioner, WD&CW, A.P., Hyd Lr.No.2754/J1/2013, Dt.22.02.2014.

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ORDER:

In the reference 1<sup>st</sup> read above, “Indiramma Amrutha Hastham” (IAH) for spot feeding of one full meal for Pregnant & Lactating women at Anganwadi Centres (AWCs) was introduced from 1<sup>st</sup> January, 2013 in 102 ICDS Projects which had the most adverse health and nutrition indicators in the State.

2. In the reference 2<sup>nd</sup> read above, guidelines were issued for implementation of “IAH” programme for Pregnant and Lactating women in the 102 high-risk ICDS Projects.

3. In the reference 8<sup>th</sup> read above, the “IAH” programme was extended to another 63 ICDS Projects under 2<sup>nd</sup> Phase of expansion for covering more than 40% of Pregnant & Lactating women in the State.

4. In the reference 9<sup>th</sup> read above, permission was accorded for implementation of IAH programme in 17 bifurcated ICDS Projects, with IAH thus covering a total of 182 ICDS Projects.

5. In the reference 4<sup>th</sup> read above, the new food models for Supplementary Nutrition Programme (SNP) were issued as per the revised cost norms of Government of India (GOI) under ICDS restructuring for the 11 Districts selected for ICDS restructuring and with old cost norms for the remaining 12 Districts for 2013-14.

6. In the reference 7<sup>th</sup> read above, the Commissioner, WD&CW, Hyderabad was accorded permission to implement the new food models of 11 Districts in all 23 Districts with revised cost norms from November 2013 onwards itself in order to have uniformity in implementation of SNP in all Districts in the State.

7. Further vide reference 4<sup>th</sup> read above, orders were issued to provide milk powder to Severely Underweight (SUW) children in addition to the regular SNP for children aged 7 months – 6 years to meet the additional nutritional requirement.

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8. In the letter 10<sup>th</sup> read above, the Commissioner, WD&CW, Hyderabad has informed that A.P. Dairy Development Co-operative Federation Limited (APDDCF), Hyderabad is unable to supply milk powder to various ICDS Projects due to fall in production of milk powder. Further, as the quantity required per ICDS Project is low, APDDCF has expressed difficulty in supplying such small quantities. It is also informed that milk alone was not adequate to meet the caloric gap for the SUW children as prescribed by GOI norms.

9. Further the Commissioner, WD&CW, Hyderabad has informed that there are about 1 lakh SUW children under 6 years and that there is a need to adopt revised food model for additional supplementation with supervised feeding in the AWC to address the nutritional requirements as per GOI norms and concerns of such children. Therefore, the Commissioner has proposed a revised food model for additional supplementation for supervised feeding at the AWC of the SUW children from 7 months to 6 years of age and requested the Govt. to issue orders for implementation of the same.

10. After careful consideration of the matter and in order to tackle malnutrition in the State, the Government hereby accords permission to Commissioner, WD&CW, Hyderabad to revise the food model for additional supplementation for supervised feeding of children categorized under Severely Underweight (SUW) and also Severe Acute Malnutrition (SAM) / Moderate Acute Malnutrition (MAM) for both the age groups of 7 months – 3 years and 3 - 6 years in the AWC as indicated in the Annexure-I appended to this G.O. The cost for this additional supplementation will be met from the ICDS budget for SNP for SUW children as well as the Sneha Shivirs, the ICDS flexi funds and overall saving of SNP.

11. For the sake of comprehensiveness, the food models to be followed uniformly for all categories of beneficiaries in all Districts in the State are also indicated in the Annexure-I appended to this G.O. In order to meet the daily calorie / protein / RDA requirement of the beneficiaries as per GOI norms without any gaps, any variation in the tentative costs (indicated in the Annexure-I) will be absorbed in the overall price variations / fluctuations and saving of SNP.

12. In order to enhance transparency, the food models and menus for the various categories of beneficiaries will be displayed in all AWCs without fail. Further as per reference 3<sup>rd</sup> read above, permission has been accorded to constitute the Anganwadi Level Monitoring and Support Committee (ALMSC) on ICDS. The PDs (ICDS) will ensure constitution of the Committee for each AWC in all ICDS Projects. The AWW will convene the meeting of the Committee at least once in a month and will record the minutes. As part of its responsibilities, the Committee will (a) help to mobilize the pregnant and lactating women, mothers of children under 6 years and adolescent girls to avail all services of ICDS particularly SNP (b) monitor the implementation of the various aspects of ICDS particularly the SNP such as attendance of beneficiaries, quality and quantity of food of THR and feeding at AWC, maintenance of hygiene standards etc. (c) help to avoid gaps in SNP and encourage community to contribute and support the SNP efforts and (d) prepare a health and nutrition plan and make efforts to improve the nutritional status of women and children in the AWC area.

13. In order to implement SNP without gaps and to monitor the processes and outcomes of ICDS scheme, Monthly Progress Reports (MPRs) 1 to 10 are prescribed which shall be submitted online by the PDs (ICDS), CDPOs and Supervisors. The formats of MPRs 1 to 8 clearly indicating who has to submit the MPR and by which date are enclosed at Annexure-II appended to this G.O. As such, MPR-6 will replace the existing Tour Dairy. MPR- 9 (a) is the Anganwadi Monthly Progress Report (AMPR), MPR-9 (b) is the Anganwadi Annual Status Report (AASR), MPR-10(a) is the Project Monthly Progress Report (PMPR) and MPR-10(b) is the Project Annual Status Report (PASR) as prescribed by GOI for revised MIS for ICDS.

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14. The Commissioner, WD&CW will take necessary action accordingly to implement the food models and to monitor SNP and ICDS scheme using the online MPRs.

(BY ORDER AND IN THE NAME OF THE GOVERNOR OF ANDHRA PRADESH)

NILAM SAWHNEY  
PRINCIPAL SECRETARY TO GOVERNMENT

To

The Commissioner, Women Development & Child Welfare Department, Hyderabad,  
All District Collectors in the State,  
All Regional Joint Directors of Women Development & Child Welfare in the State,  
All Project Directors of Women Development & Child Welfare in the State,  
All CDPOs of Women Development & Child Welfare in the State,  
The Managing Director, A.P Foods, Hyderabad.

Copy to:

PS to Prl.Secy to Government, WCD&SCs Dept.,  
PS to Prl.Secy to Government, Rural Development,  
PS to Prl.Secy to Government, Health Medical and Family Welfare,  
Commissioner, Health & Family Welfare,  
CEO, SERP, A.P, Hyderabad,  
SC/SF.

// FORWARDED BY ORDER //

SECTION OFFICER

## ANNEXURE – I

G.O.Ms.No.14, Dept. for WCD&SC, Dt.28.02.2014.

### I. Food Model for spot feeding of Pregnant & Lactating Women in Indiramma Amrutha Hastham (IAH) ICDS Projects (*per beneficiary*)

Sl. No.	Item	Quantity per day	Tentative Cost per day (Rs.)	Nutritive Value		
				Energy (kcal)	Protein (g)	Calcium (mg)
1	2	3	4	5	6	7
1	Rice	125 g	0.50	431.30	8.50	12.50
2	Dal (Red Gram)	30 g	2.10	104.40	7.25	22.50
3	Oil	16 g	1.00	144.00	-	-
4	Transport		0.10	-	-	-
5	Cooking		0.30	-	-	-
6	Milk	200 ml	5.60	234.00	8.60	420.00
7	Egg	1 No. (50 g)	3.50	86.50	6.65	30.00
8	Vegetables (Leafy vegetables, Potato, Onion, Beans etc.,)	50 g	1.40	52.50	1.80	16.06
9	Condiments		0.50	-	-	-
<b>TOTAL</b>			<b>15.00</b>	<b>1052.70</b>	<b>32.80</b>	<b>501.06</b>

*Note : In addition to Rs.15/- per woman per day, flexible amount of Rs.2/- per woman per day is also permitted to meet local variations in prices*

*Note : Model Menu for IAH is as follows:*

Day	Item 1	Item 2	Item 3	Item 4	Item 5
Day 1	Rice	Sambar with vegetables	-	Egg Curry	Milk
Day 2	Rice	Dal	Green leaf vegetable Curry	Egg	Milk
Day 3	Rice	Dal with leafy vegetables	-	Egg	Milk
Day 4	Rice	Sambar with vegetables	-	Egg Curry	Milk
Day 5	Rice	Dal	Green leaf vegetable Curry	Egg	Milk
Day 6	Rice	Dal with leafy vegetables	-	Egg	Milk

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**II. Food Model for Take Home Ration (THR) for Pregnant & Lactating Women in non-Indiramma Amrutha Hastham (IAH) ICDS Projects and for THR for Adolescent Girls in Sabla districts (per beneficiary)**

Feeding Model	Item		Quantity per day	Tentative Rate per Kg/L (Rs.)	Quantity per month	Tentative Cost per month (Rs)	Tentative Cost per day (Rs)	Nutritive Value	
								Energy (kcal)	Protein (g)
1	2		3	4	5	6	7	8	9
THR	1	Rice	120 g	4.00	3 kg	12.00	0.48	414.05	8.16
	2	Red Gram Dal *	40 g	70.00	1 kg	70.00	2.80	139.20	9.67
	3	Oil	18.2 g	59.00	1/2 L	29.50	1.18	163.80	-
Spot Feeding	4	Eggs (4 per week) **	32 g (Average per day)	3.50 (Per Egg)	16 Eggs	56.00	2.24	55.36	4.26
	5	Transport				2.50	0.10		
	6	Fuel				5.00	0.20		
<b>TOTAL</b>						<b>175.00</b>	<b>7.00</b>	<b>772.41</b>	<b>22.09</b>

\* Dal should be distributed in 1kg packet

\*\* Eggs to be given from Tuesday to Friday

**III. Food Model for spot feeding of 3- 6 years Children (per beneficiary)**

Sl. No.	Item	Rice + Dal with leafy vegetables/ Rice + Sambar with vegetables or same as "IAH" menu			Nutritive Value	
		Quantity per day	Tentative Rate per Kg/L (Rs)	Tentative Cost per day (Rs)	Energy (kcal)	Protein (g)
1	2	3	4	5	6	7
<b>A. Main Meal</b>						
1	Rice	75 g	4.00	0.30	258.78	5.10
2	Dal (Red Gram)	15 g	70.00	1.05	52.20	3.63
3	Vegetables	25 g	28.00	0.70	26.25	0.90
4	Condiments			0.25		
5	Egg (4 per week)*	32 g (Average per day)	3.50/ egg	2.24	55.36	4.26
6	Oil	5 g	59.00	0.33	45.00	0
7	Transport			0.10		
8	Fuel			0.20		
<b>B. Snack Food</b>						
9	AP Food - Kurkure (20 gms) / Channa Dal (15 gms) / Peanuts (15 gms)			0.83	80.00	2.40
<b>TOTAL</b>				<b>6.00</b>	<b>517.59</b>	<b>16.29</b>

\* Eggs to be given from Tuesday to Friday

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**IV. Food Model for Take Home Ration (THR) of 7 months - 3 years Children  
(per beneficiary)**

Feeding Model	Sl. No	Item	Quantity per day	Tentative Cost per day (Rs)	Nutritive Value		
					Energy (kcal)	Protein (g)	Calcium (mg)
1	2	3	4	5	6	7	8
THR	1	Balamrutham – [Roasted Wheat, Bengal Gram, Milk powder,	100 g	4.58	414.00	11.00	367.00
Spot Feeding	2	Egg (2 per week)	16 g (Average per day)	1.12	27.68	2.13	9.60
	3	Transport		0.10			
	4	Fuel		0.20			
<b>TOTAL</b>					<b>6.00</b>	<b>441.68</b>	<b>13.13</b>
					<b>441.68</b>	<b>13.13</b>	<b>376.60</b>

*Composition per 100 g of Balamrutham (fortified with vitamins & minerals)*

Ingredients	Parts (g)	Energy (kcal)	Protein (g)
Roasted Wheat	55	190.3	6.4
Bengal Gram	5	18.0	1.0
Skimmed Milk Powder	10	35.7	3.6
Sugar	20	80	0
Oil	10	90	0
<b>TOTAL</b>	<b>100</b>	<b>414.0</b>	<b>11.0</b>

*Nutritive value per 100 g in Balamrutham*

Sl. No.	GOI Norms	Available Nutrients in Natural Ingredients	Fortification	Total
1	Energy (kcal)	414	0	414
2	Protein (g)	11	0	11
3	Calcium (mg)	167	200	367
4	Iron (mg)	3.1	6	9.1
5	Vitamin A (µg)	2.5	200	202.5
6	Vitamin B1 (µg)	0.3	0.3	0.6
7	Vitamin B2 (mg)	0.2	0.35	0.55
8	Vitamin C (mg)	0.5	15	15.5
9	Folic Acid (µg)	7.1	15	22.1
10	Niacin (mg)	2.3	4	6.3

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**V. Food Model for Additional Supplementation for SUW/SAM/MAM Children of 3– 6 years (over and above food model at III for normal children) for additional nutritional requirement and supervised feeding at AWC (per beneficiary)**

Sl. No.	Item	Additional Quantity per day	Tentative Cost (Rs)	Nutritive Value		
				Calories (kcal)	Protein (g)	Calcium (mg)
1	2	3	4	5	6	7
1	Eggs	18 g per day (9 eggs Additional per month)	1.26	31.14	2.39	10.80
2	Milk	100 ml	3.20	117.00	4.30	210.00
3	Extra oil	5 g	0.33	45.00	0	0
4	Balamrutham	50 g	2.29	207.00	5.50	183.50
<b>TOTAL</b>			<b>7.08</b>	<b>400.14</b>	<b>12.19</b>	<b>404.30</b>

**VI. Food Model for Additional Supplementation for SUW/SAM/MAM children of 7 months – 3 years (over and above food model at IV for normal children) for additional nutritional requirement and supervised feeding at AWC (per beneficiary)**

Sl. No.	Item	Additional Quantity per day	Tentative Cost (Rs)	Nutritive Value		
				Calories (kcal)	Protein (g)	Calcium (mg)
1	2	3	4	5	6	7
1	Eggs	34 g per day (17 eggs Additional per month)	2.38	58.82	4.52	20.40
2	Milk	100 ml	3.20	117.00	4.30	210.00
3	Mini Meal (1/2 of the meal given to 3-6 years children)	60 g	1.33	191.12	4.81	13.40
	<i>i) Rice</i>	<i>37.5 g</i>	<i>0.15</i>	<i>129.39</i>	<i>2.55</i>	<i>3.75</i>
	<i>ii) Dal</i>	<i>7.5 g</i>	<i>0.53</i>	<i>26.10</i>	<i>1.81</i>	<i>5.63</i>
	<i>iii) Vegetables</i>	<i>12.5 g</i>	<i>0.35</i>	<i>13.13</i>	<i>0.45</i>	<i>4.02</i>
	<i>iv) Oil</i>	<i>2.5 g</i>	<i>0.17</i>	<i>22.50</i>		
	<i>v) Condiments</i>		<i>0.13</i>			
4	Extra Oil	5 g	0.33	45.00		
<b>TOTAL</b>			<b>7.24</b>	<b>411.94</b>	<b>13.63</b>	<b>243.80</b>

NILAM SAWHNEY  
PRINCIPAL SECRETARY TO GOVERNMENT.

**ANNEXURE – II**

G.O.Ms.No.14, Dept. for WCD&SC, Dt.28.02.2014.

**Monthly Progress Report (MPR)-1**

**PDs Report on Supply Chain Management**

*(To be submitted by 5th of every month)*

Name of the District :	No. of Projects :
Year :	Month :

**A. Status of Tenders:**

Name of the Food Item	Date of tender	Name of the firm/firms	Rate fixed	Period of tender	Date of expiry of tender	If expired action taken
1	2	3	4	5	6	7
Dal						
Oil						
Chana /Other Snacks						
Eggs						
Milk						

**B. Problems in Supply Chain (if any):**

1. From Civil Supplies Corporation
2. From AP Foods
3. From Dept

(Contd...)



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**Monthly Progress Report (MPR)-2**

**CDPOs Report on Availability of Food Stocks at AWCs**

*(To be submitted by 25th of the month)*

Name of the Project :	No. of AWCs :
Year :	Month :

**A. Beneficiary Details:**

Type of Beneficiary	No. in AWC area	No. Enrolled	No. as per Attendance / Received THR
1	2	3	4
6 months -3 years			
3-6 years			
Severe underweight			
Pregnant Women			
Lactating Mothers			
Adolescent Girls			

**B. Food Stock Details \*:**

Name of the Food Item	Requirement for the next month (RT)	Stock available at AWCs for next month **	If shortage, plan of action
1	2	3	4
Balamrutham			
Rice			
Dal			
Oil			
Chana / Other Snacks			
Snack Food of AP Foods			
Eggs			
Vegetables			
Milk			

\* Milk in litres, eggs in no. and other items in kgs.

\*\* For eggs indicate whether tender is in force (Y/N) and for milk and vegetables whether system of supply is satisfactory (Y/N)

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**Monthly Progress Report (MPR)-3**

**CDPOs Report on Food Consumption at AWCs**

*(To be submitted by 5th of next month)*

Name of the Project :	No. of AWCs :
Year :	Month :

**A. Beneficiary Details:**

Type of Beneficiary	No. in AWC area	No. Enrolled	No. as per Attendance/Received THR
1	2	3	4
6 Months to 3 years			
3-6 years			
Severe Underweight			
Pregnant Women			
Lactating Women			
Adolescent Girls			

**B. Food Stock Details \*:**

Name of the Food Item	Requirement for the month (RT)	Opening Balance in all AWCs (OB)	Received Stock in all AWCs (RS)	Total Stock available in all AWCs (TS)	Stock Utilized in all AWCs (SU)	Closing Balance (CB)	No. of AWCS where food shortage occurred	Average Period of shortage (days)
1	2	3	4	5	6	7	8	9
Balamrutham								
Rice								
Dal								
Oil								
Chana / Other Snacks								
Snack Food of AP Foods								
Eggs								
Vegetables								
Milk								

\* Milk in litres, eggs in no. and other items in kgs.

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**Monthly Progress Report (MPR) – 4**

**CDPOs Report on Indiramma Amrutha Hastham**

*(To be submitted by 5<sup>th</sup> of next month)*

Name of the Project :	No. of AWC :
Year :	Month :

**1- Pregnant Women Details:**

No. in AWC area	No. Enrolled			No. as per Attendance				Total no. of meals taken by all Pregnant women
	Permanent	Temporary	Total	>21 days	20-10 days	9-1 days	Total	

**B. Lactating Mothers Details:**

No. in AWC area	No. Enrolled			No. as per Attendance				Total no. of meals taken by all Lactating mothers
	Permanent	Temporary	Total	>21 days	20-10 days	9-1 days	Total	

**C. Food Availability (for Pregnant & Lactating women):**

Average no. of feeding days in Anganwadi centres	No. of AWCs and average no. of days food commodity not available											
	Rice		Dal		Oil		Eggs		Milk		Vegetables	
	AWCs	Days	AWCs	Days	AWCs	Days	AWCs	Days	AWCs	Days	AWCs	Days

**D. Beneficiary Status:**

No. of Pregnant women gained weight			Nutrition Status of 0-6 months Children				
< 0.5 Kg	0.5- 1.5Kg	> 1.5 Kg	Total No.	Weighed	Normal	Moderate	Severe

**E. Registrations & Deliveries during the month:**

No. of new pregnancies registered during the month	Total deliveries during the month	Live births <2.5 Kg Wt.		Live births >2.5 Kg Wt.		Still births	No. of deliveries where weight gain during pregnancy is > 8Kg	No. of deliveries where women taken >100 IFA tablets during pregnancy
		Girls	Boys	Girls	Boys			

**F. Deaths during the month:**

Maternal deaths			Death of Infants and Children		
During Pregnancy	During delivery	Within 42 days of delivery	Within 28 days of birth	Between 29 days- 12 months	1-5 years

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**G. No. of IAH Committee Meetings conducted:**

<b>During the month</b>	<b>Since 1<sup>st</sup> April till this month</b>

**H. VO Advances:**

<b>No. of VOs in the Project</b>	<b>No. of VOs received amount during the month</b>	<b>Amount received from CDPO by all VOs (Rs.) during the month</b>	<b>Balance amount with all VOs at the end of month (Rs.)</b>	<b>Advance requirement of all VOs for the next two months (Rs)</b>	<b>No. of VOs where balance is short of requirement for two months</b>	<b>No. of VOs where accounts reconciled during the month</b>

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**Monthly Progress Report (MPR)-5**

**CDPOs Report on Payment of Honorarium to AWWs and AWHs**

*(To be submitted by 5th of next month)*

Name of the Project :	No of AWCs :
Year :	Month :

**A. Honorarium Details:**

Sl. No.	Category	Sanctioned Posts	Positioned	No. to whom Honorarium Paid	Date of Payment	No. to whom Honorarium not Paid
1	Main AWWs					
2	Mini AWWs					
3	Helpers					
	Total :					

**B. Reasons for non-payment:**

Sl. No.	Reasons	Details
1	a) Budget not available (Y/N)	
	b) If so, budgetary requirement for arrears and for one more quarter	
2	a) Bill pending with treasury (Y/N)	
	b) If so, date of submission of bill	
3	a) Delay in bill preparation (Y/N)	
	b) If so, date by which it will be prepared	

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**Monthly Progress Report (MPR) – 6**  
**Tour Dairy of RJD/PD/CDPO/Supervisor**  
*(To be submitted by 5th of next month)*

Name of the Officer :	Designation :
Year :	Month :

**A. Journey Particulars**

From		To	
Distance travelled in kms		Mode of transport	
Date of Departure		Time of Departure	
Date of Return		Time of Return	
Night Halt		Place of Night Halt	

**B. Visit to AWC**

<b>1) Visit Details</b>			
Date of visit to AWC		Time of visit to AWC	
<b>2) AWC Particulars</b>			
Select Project		Whether Project is IAH	Y/N
Select Mandal		Select Village	
Select Habitation		Select AWC	
AWC Code		Whether AWC is IAH	Y/N
<b>3) Functioning of AWC</b>			
Is AWC open	Y/N	Timings followed at AWC	Y/N
Name of AWW		Is AWW Present	Y/N
If not reasons for Absence		Name of AWH	
Is AWH Present	Y/N	If not reasons for Absence	
<b>4) Display Material</b>			
Whether name of AWC painted on building	Y/N	Whether food models & menu under SNP for different beneficiaries on display	Y/N
Whether Pre-school time table on display	Y/N	Whether list of SUW/SAM/MAM children on display	Y/N
<b>5) AWC Maintenance</b>			
Type of building	Dept./Other Dept./ Rented building	Condition of building	Good/Average/ Poor
Whether room size is adequate for Pre-school	Y/N	Whether charts/paintings done for Pre-school	Y/N
Is safe drinking water available	Y/N	Is toilet functional	Y/N/ No Toilet
Whether size of kitchen is adequate	Y/N	Whether separate store room is available	Y/N
Whether kitchen garden developed	Y/N	Other gaps in infrastructure (details)	
<b>6) Enrollment of target groups and SNP availed</b>			
<b>Target group</b>	<b>No. in AWC area</b>	<b>No. Enrolled</b>	<b>No. availed SNP during the month</b>
6 months -3 years			
3-6 years			
Pregnant Women			

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Lactating Mothers										
a) Adolescent Girls(11-14 Yrs) going to school										
b) Adolescent Girls(11-14 Yrs) not going to school										
Adolescent Girls (14-18 Yrs)										
<b>7) Growth Monitoring</b>										
Whether growth register being maintained		Y/N		Whether wt. being taken regularly or not		Y/N				
Whether Salter scale available		Functioning /Not functioning /Not Available		Whether adult weighing machine available		Functioning /Not functioning /Not Available				
<b>8) Nutritional Status</b>										
Category	No. in AWC area	No. weighed in last month	No. Categorized as			No. identified with bilateral pitting oedema	No. categorized as		No. SUW/ SAM/MAM enrolled for supervised feeding	No referred to NRC
			Normal	Moderately Underweight (MUW)	Severely Underweight (SUW)		SAM	MAM		
0-6 months										
7 m- 3 Yrs										
3 yrs - 5 Yrs										
<b>9) Pre-school Activities &amp; Hot Meal for Children</b>										
Whether Pre-school time table is being followed		Y/N		Whether activities being conducted as per syllabus		Y/N				
Response of children to Pre-school activities		Good/ Average/ Poor		Capacity of AWW for conducting Pre-school		Good/ Average/ Poor				
Pre-school Kit material being used		Y/N		Workbooks/Activity books being used		Y/N				
Whether adequate chairs/mats available for Pre-school children		Y/N		Whether Adolescent Girls/Volunteer being involved for Pre-school		Y/N				
Whether all food items being served		Y/N		Whether food ration is as prescribed		Y/N				
<b>10) Indiramma Amrutha Hastham</b>										
No of Pregnant women in AWC area				No of Pregnant women enrolled						
No of Pregnant women present at time of visit				No of Lactating women in AWC area						
No of Lactating women enrolled				No of Lactating women present at time of visit						
Whether all food items being served		Y/N		Whether quantity of food being served as per norms		Y/N				
Whether IAH meetings being conducted		Y/N		Whether (IAH ) Committee meeting register updated		Y/N				
Whether (IAH) Food Stocks supplied by VOs register updated		Y/N		Whether (IAH) Attendance register of Pregnant & Lactating women updated		Y/N				
Whether (IAH) Monthly Report register updated		Y/N		Whether (IAH) Pregnant & Lactating women register updated		Y/N				

<b>11) VOs/AWWs Advances</b>								
Whether VO/AWW active in local purchase		Y/N		Whether advance received last month		Y/N		
Whether account reconciliation upto date		Y/N		Whether balance amount is sufficient for two months		Y/N		
<b>12) Registrations &amp; Deliveries during the last month</b>								
No. of new pregnancies registered	Total deliveries during the last month	Live births <2.5 Kg Wt.		Live births >2.5 Kg Wt.		Still births	No. of deliveries where weight gain during pregnancy is > 8 Kg	No. of deliveries where women taken >100 IFA tablets during pregnancy
		Girls	Boys	Girls	Boys			
<b>13) Deaths during the last month</b>								
Maternal deaths				Death of Infants and Children				
During Pregnancy	During delivery	Within 42 days of delivery		Still Births	Within 28 days of birth		Between 29 days- 12 months	
<b>14) Functioning of Kitchen</b>								
Whether gas connection available		Y/N		Whether gas stove is functioning		Y/N		
Whether utensils are adequate		Y/N		If not , give details				
<b>15) Food Stock Status</b>								
Whether food stock register is maintained or not		Y/N		Whether food storage is proper		Y/N		
Whether food stock available matches with the record		Y/N		If not , give details				
Whether food stock is sufficient for entire month		Y/N		If not , give details				
<b>16) NHD-1 &amp; NHD-2</b>								
Whether NHD-1 conducted on 1st of the month		Y/N		Whether NHD-2 is being conducted on planned day		Y/N		
Whether sufficient food was available for THR on NHD-1		Y/N		If sufficient food not available, give details				
Functionaries present at last NHD-1				Services provided at last NHD-1				
Functionaries present at last NHD-2				Services provided at last NHD-2				
<b>17) AWC Registers updation and Reporting</b>								
Whether Family Details register updated		Y/N		Whether Supplementary Food planner & stock register updated		Y/N		
Whether Supplementary Food Distribution register updated		Y/N		Whether Preschool Education register updated		Y/N		
Whether Pregnancy & Delivery register updated		Y/N		Whether Immunization & VHND register updated		Y/N		
Whether Vitamin A Bi-Annual register updated		Y/N		Whether Home Visits Planner registers being updated		Y/N		
Whether Referrals register updated		Y/N		Whether Summary register updated		Y/N		
Whether Weight Record of Child register updated		Y/N		Whether AASR submitted		Y/N		
Whether AMPR submitted for the last month		Y/N						

(Contd...)



<b>18) Verification of target group</b>			
<b>a. Pregnant Women</b>			
Name	Age	Findings	
		Whether registered in AWC	Y/N
		Whether taking THR/Spot feeding	Y/N
		Whether regular health-check up is being done	Y/N
		Whether taking TT	Y/N
		Whether consuming IFA as prescribed	Y/N
		Whether at high risk	Y/N
		Whether aware about colostrum feeding	Y/N
<b>b. Lactating mothers/parents of 0-3 Years Children</b>			
Name	Age	Findings	
		Whether taking THR/Spot feeding	Y/N
		Whether following exclusive breast feeding/complementary feeding	Y/N
		Whether getting child immunized	Y/N
		Whether aware on development milestones of the child	Y/N
		Whether child being weighed monthly	Y/N
		Whether child is SUW/SAM/MAM	Y/N
		If so, whether there is follow up for the child	Y/N
		Whether aware on health care for diarrhea, ARI, fever etc	Y/N
<b>c.3-6 Years Children</b>			
Name	Age	Findings	
		Whether attending Pre-school	Y/N
		Whether child getting immunized	Y/N
		Whether child being weighed monthly	Y/N
		Whether child is SUW/SAM/MAM	Y/N
		If so, whether there is follow up for the child	Y/N
<b>d. Adolescent Girls</b>			
Name	Age	Findings	
		Whether member of SABALA /KSY group	Y/N
		Whether taking THR	Y/N
		Whether anemic	Y/N
		Whether had training on health and nutrition concepts	Y/N
		Whether had training on life skills	Y/N
		Whether undergone vocational training	Y/N
<b>19) Overall Assessment of AWC</b>			
Whether AWC is vulnerable	Y/N	Details of Gaps in AWC	
Suggestions, if any to improve functioning of AWC		Overall assessment of AWW's performance	

(Contd...)

**C. Visit to Institution / Homes**

Name of the Institution/Home		Place	
Date of Visit		Time of Visit	
No. of Inmates enrolled		No. Present	
Whether quality of food is satisfactory	Y/N	Whether quantity of food is adequate	Y/N
Verification of food stock	Y/N	If gaps, give details	
Whether accommodation is satisfactory	Y/N	Other gaps observed in infrastructure	Y/N
Academic results of children	Good/ Average / Bad	Overall Assessment of the institution/home	Good/ Average /Bad

**D. Visit to Training Centers**

<b>Name of the AWTC/MLTC</b>		<b>Type of Training</b>	<b>JTC/ OC/ RC</b>
Date of Visit		Time of Visit	
No. of Trainees enrolled		No. Present	
Teaching staff appointed	Y/N	Kit Material Supplied to trainees	Y/N
Whether quality of food is satisfactory	Y/N	Whether quantity of food is adequate	Y/N
Verification of food stock	Y/N	If gaps, give details	
Whether accommodation is satisfactory	Y/N	Other gaps observed in infrastructure	
Assessment of the trainees	Good/ Average /Bad	Overall Assessment of the training institution	Good/ Average /Bad

**E. Details of tour dairy day-wise including findings**

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(Contd...)

**Monthly Progress Report (MPR)-7**

**CDPOs Monthly Progress Report on ICDS Outcomes (IAH Projects)**

*(To be submitted by 5th of next month)*

Name of the Project :	No. of AWCs :
Year :	Month :

**A. 6 months-3 years Children :**

Sl. No	Category	No. in AWC area	No. enrolled	No. Received THR
1	Girls			
2	Boys			

**B. 3-6 years Children :**

Sl. No	Category	No. in AWC area	No. enrolled	No. attended PSE more than 21 days
1	Girls			
2	Boys			

**C. NHD-1:**

Reported AWCs	No. of AWCs where NHD-1 conducted on planned date	Present at AWCs on NHD-1				Services Provided on NHD-1			
		AWW	Super-visor	ASHA	IAH/VHSNC members / Village leaders	NHE sessions	Demon-strations	THR	Growth Monitoring
No. of AWCs reported as yes									
% of AWCs reported as yes									

**D. NHD-2:**

Reported AWCs	No. of AWCs where NHD-2 conducted on planned date	Present at AWCs on NHD-2					Services Provided on NHD-2				
		AWW	Super-visor	ANM / MPHWH	ASHA	IAH/VHSNC members/ Village leaders	NHE sessions	Demon-strations	Immuni-zation	Vit-A Supple-mentation	ANC
No. of AWCs reported as yes											
% of AWCs reported as yes											

**E. Immunization Coverage:**

No. of Children completing 12 months during the month	No. of children who have completed all vaccinations

(Contd...)

**F. Nutrition Status:**

Category	No. in AWC area	No. weighed in last month	No. categorized as			No. identified with bilateral pitting oedema	No. categorized as		No. SUW/SAM/MAM enrolled for supervised feeding	No referred to NRC
			Normal	Moderately Underweight (MUW)	Severely Underweight (SUW)		SAM	MAM		
0-6 months										
7 m-3 Yrs										
3 yrs - 5 Yrs										

**G. Monitoring & Supervision:**

Number of AWCs visited by						
Supervisors	CDPO	ACDPO	ANM	Medical Officer	PD	RDD

**H. Status of Human Resources:**

Number of	No. of AWWs (Main)	No. of AWWs (Mini)	No. of AWHs	No. of Supervisors	No. of CDPOs	No. of ACDPOs
Sanctioned						
Position						

(Contd...)

**Monthly Progress Report (MPR) – 8**

**CDPOs Monthly Progress Report on ICDS Outcomes (Non IAH projects)**  
(To be submitted by 5th of next month)

Name of the Project :	No. of AWCs :
Year :	Month :

**A. 6 months-3 years Children:**

Sl. No	Category	No. in AWC area	No. Enrolled	No. Received THR
1	Girls			
2	Boys			

**B. 3-6 years Children:**

Sl. No	Category	No. in AWC area	No. Enrolled	No. attended PSE more than 21 days
1	Girls			
2	Boys			

**C. Pregnant & Lactating Women:**

Sl. No	Category	No. in AWC area	No. Enrolled	No. Received THR
1	Pregnant women			
2	Lactating mothers			

**D. NHD-1:**

Reported AWCs	No. of AWCS where NHD-1 conducted on planned date	Present at AWCs on NHD-1				Services Provided on NHD-1			
		AWW	Supervisor	ASHA	IAH/VHSNC members/Village leaders	NHE sessions	Demonstrations	THR	Growth Monitoring
No. of AWCs reported as yes									
% of AWCs reported as yes									

**E. NHD-2:**

Reported AWCs	No. of AWCS where NHD-2 conducted on planned date	Present at AWCs on NHD-2					Services Provided on NHD-2				
		AWW	Supervisor	ANM / MPW	ASHA	IAH/VHSNC members/Village leaders	NHE sessions	Demonstrations	Immunization	Vit-A Supplementation	ANC
No. of AWCs reported as yes											
% of AWCs reported as yes											

(Contd...)

**F. Immunization Coverage:**

No. of Children completing 12 months during the month	No. of children who have completed all vaccinations

**G. Nutrition Status:**

Category	No. in AWC area	No. weighed in last month	No. categorized as			No. identified with bilateral pitting oedema	No. categorized as		No. SUW/ SAM/MAM enrolled for supervised feeding	No referred to NRC
			Normal	Moderately Underweight (MUW)	Severely Underweight (SUW)		SAM	MAM		
0-6 months										
7 m- 3 Yrs										
3 yrs - 5 Yrs										

**H. Registrations and deliveries during the month:**

No. of new pregnancies registered during the month	Total deliveries during the month	No. of Live Births <2.5 Kg Wt.		No. of Live Births >2.5 Kg Wt.		No. of Still births	No. of deliveries where weight gain during pregnancy is >8Kg	No. of deliveries where women taken >100 IFA tablets during pregnancy
		Girls	Boys	Girls	Boys			

**I. Deaths during the month:**

Maternal Deaths			Deaths of Infants and Children			
During Pregnancy	Within 42days of delivery		Within 28 days of birth		Between 29 days – 12 months	1-5 years

**J. Monitoring & Supervision:**

Number of AWCs visited by						
Supervisors	CDPO	ACDPO	ANM	Medical officer	PD	RDD

**K. AWWs Advances:**

No. of AWWs received advance amount during the month	Amount received from CDPOs by all AWWs (Rs.) during the month	Balance amount with all AWWs at the end of month	Advance requirement of all AWWs for the next two month	No. of AWWs where balance is short of requirement	No. of AWCs where accounts reconciled during the month

**L. Status of Human Resources:**

Number of Posts	No. of AWWs (Main)	No. of AWWs (Mini)	No. of AWHs	No. of Supervisors	No. of CDPOs	No. of ACDPOs
Sanctioned						
Position						

**NILAM SAWHNEY  
PRINCIPAL SECRETARY**